



परमाणु ऊर्जा शिक्षण संस्था
Atomic Energy Education Society
अभ्यास पत्र/ **Practice paper (2025-26)**

कक्षा /Class: 7 विषय /Subject: ENGLISH अंक/Marks: 80

SECTION A - READING

Q1

- i. b. Collagen
- ii. c. Vitamin C
- iii. b. Crucial
- iv. a. Free radicals
- v. c. water soluble
- vi. d. Scurvy
- vii. c. Both a and b
- viii. c. Trauma

Q2

A.

- i. People who know how to make the best use of every moment easily open the doors of success in their lives.
- ii. Work which is completed beyond the allotted time lost all its utility.
- iii. A person who has learned to wisely use his time and has understood how to cast himself according to the need of the time has actually learned the true mantra of life.
- iv. "Careful Time Management" refers to careful planning of time and sincere execution of the plan.

B.

- i. a. Wisely
- ii. b. Execution
- iii. a big jump forward towards greater achievements
- iv. opportunities

SECTION B – WRITING

Q3 Format -1, Content-2, Expression -1, Fluency-1

Q4 Format-1, Content & Expression - 4, Fluency-2

Q5 Title-1, Moral-1, Expression -3, Fluency-3

SECTION C - GRAMMAR

Q6 incorrect correct

- | | |
|----------|-------|
| a. type | types |
| b. but | and |
| c. was | are |
| d. rests | rest |
| e. for | to |
| f. an | a |

Q7

- i. a ceremony in which a person is made king or queen ii. summit
iii. alliteration iv. Guiding light/ Source of inspiration/ Promise of relief

Q8

- i. I was quite impressed with his performance.
ii. Please do not step on the grass.
iii. Where have you been all this while?
iv. Someday everything will make perfect sense.

Q9

- (i) had finished (ii) decided (iii) realised (iv) had forgotten

SECTION D - LITERATURE

Q10

- i. The poem is 'Travel' and the poet is Edna St. Vincent Millay.
ii. The speaker says that her current friends make her heart warm, and that she believes she will not find better friends than them.
iii. The speaker values her current friends deeply and believes no one could be better. It reflects her strong emotional bond and appreciation for them.
iv. The tone of the speaker is grateful.

Q11

- i. Arunima Sinha.
- ii. Conquering The Summit.
- iii. Failures occur when we don't have goals worthy enough.
- iv. Never.

Q12

i. A series of thefts in the neighbourhood prompted Anand to create the burglar alarm to protect his home.

ii. It is our duty to pay homage to brave soldiers because they risk their lives to protect our country, ensuring our safety, freedom, and peace. They make great sacrifices, enduring hardships and staying away from their families, and by honouring them, we show gratitude for their selfless service and acknowledge the cost of our freedom.

iii. Sunder Singh has become part of the jungle life because he is completely at ease with its environment, treating the forest and its animals as his own and feeling safer there than in town. He knows the jungle's sounds and the leopard's routine, demonstrating a deep connection and understanding of his surroundings.

iv. To fulfil her ambition, Arunima completed a basic mountaineering course, trained intensely for 18 months, and secured guidance from Bachendri Pal.

Q13

i. The phrase "cinders red on the sky" tells us that at night, the train's engine throws off glowing, red sparks that illuminate the dark sky.

ii. The line "Prime of your youth given to the nation" signifies the immense sacrifice of soldiers who dedicate their most energetic and capable years to serve the country.

Q14. Shaana likely learned about India's immense diversity in landscapes, cultures, and languages, impacting her understanding by showing her the country's unique regional characteristics and fostering a deeper appreciation for its unity in diversity. Her travels would have made her more open-minded, adaptable, and respectful of differences, revealing that while each region is unique, they all share an identity as part of India.

OR

Rani Abbakka's victory over the Portuguese likely inspired other rulers by demonstrating that a foreign power's perceived invincibility could be challenged and defeated through a combination of courage, strategic alliances, and unity. Her success showed that even a smaller kingdom could resist powerful colonial forces, offering a tangible example that defiance was a viable path to preserving independence.